



# Health and Food Technology



## S2 HFT Course

### What will I be learning?

In S2, you will attend HFT a double period a week (2 periods) and will study the following topic areas:

- Dietary Goals
- Food product development
- Food Science
- Subject taster sessions
  - Early learning and Childcare
  - practical cookery
  - health and food tech
  - Fashion and textiles
- N5 Wellbeing unit

### How will I be assessed?

All topics in the S2 HFT course have graded activities. These activities are normally written or practical tasks.

These tasks help you demonstrate your understanding of the topic to your teacher. Your work will be graded at bronze, silver, or gold level.

Your teacher will share with you how to achieve each level, so you know how to improve your result on the next task.

Don't worry if you need additional support to complete your assessments - your teacher will organise this for you!

### What does homework look like?

You will receive at least one homework task per topic relating to what you've learned in class.

The homework for HFT can be completed in your booklet or on submitted on satchel one.

Homework is expected to be submitted on time and completed to a high standard. You are also required to bring a container each week to take your food home.

See your teacher in class if you need help accessing Satchel One. You can also access the booklet online.