

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS	LENTIL CARROT & CORIANDER	LENTIL MUSHROOM	LENTIL SWEETCORN & NOODLE	LENTIL POTATO	LENTIL
CHOICE 1	BBQ QUORN WHOLEMEAL WRAP WITH RICE	QUORN MINCE & ROAST POTATOES	VEGETABLE LASAGNE	QUORN BURRITO BAKE	LINDA MCCARTNEY VEGETARIAN SAUSAGES & CHIPS
CHOICE 2	NEAPOLITAN PASTA WITH GARLIC BREAD	CREAMY SALMON BAKE	CHICKEN CURRY WITH RICE	SWEET & SOUR CHICKEN, RICE & VEGETABLES	DRESSED FISH & CHIPS
VEGETABLES	GREEN BEANS & SWEETCORN CRUNCHY SALAD	CARROT & SWEDE MASH CRUNCHY SALAD	BROCCOLI AND CAULIFLOWER FLORETS CRUNCHY SALAD	CARROT BATONS & GREEN BEANS CRUNCHY SALAD	PEAS & SWEETCORN BAKED PEANS CRUNCHY SALAD
DESSERT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT
COMMENTS	<p>ALL SOUPS ARE HOMEMADE SERVED WITH A SELECTION OF WHOLEMEAL BREADS.</p> <p>ALL BREAD PRODUCTS ARE WHOLEMEAL</p>				

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS	LENTIL TOMATO	LENTIL VEGETABLE	LENTIL POTATO	LENTIL MINISTRONE	LENTIL
CHOICE 1	QUORN CHILLI & RICE IN A TORTILLA BOWL	ROASTED VEGETABLE BAKE	VEGETARIAN MEATBALLS IN GRAVY WITH MASHED POTATO	QUORN SAUSAGES IN GRAVY WITH NEW POTATOES	VEGETABLE RISOTTO
CHOICE 2	MACARONI CHEESE WITH CRUSTY WHOLEMEAL BREAD	HOMEMADE SWEET CHILLI CHICKEN GOUJONS WITH NOODLES	SCOTCH BEEF LASAGNE WITH GARLIC BREAD	CHICKEN & VEGETABLES IN GRAVY WITH NEW POTATOES	DRESSED FISH & CHIPS
VEGETABLES	BROCCOLI & SWEETCORN CRUNCHY SALAD	CARROTS & SWEDE CRUNCHY SALAD	CABBAGE & CARROTS CRUNCHY SALAD	GREEN BEANS & BROCCOLI FLORETS CRUNCHY SALAD	PEAS & SWEETCORN BAKED PEAS CRUNCHY SALAD
DESSERT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT
COMMENTS	ALL SOUPS ARE HOMEMADE SERVED WITH A SELECTION OF WHOLEMEAL BREADS. ALL BREAD PRODUCTS ARE WHOLEMEAL				

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS	LENTIL CARROT & CORIANDER	LENTIL MUSHROOM	LENTIL SWEETCORN & NOODLE	LENTIL POTATO & LEEK	LENTIL
CHOICE 1	QUORN AND SWEET POTATO CURRY WITH RICE & PEAS	SPANISH OMELETTE WITH OVEN BAKED WEDGES	QUORN FILLET IN GRAVY WITH NEW POTATOES & MINI YORJSHIRE PUDDING	VEGETABLE STIRY FRY WITH NOODLES	QUORN DIPPERS & CHIPS
CHOICE 2	QUORN SPAGHETTI BOLOGNAISE	TURKEY BURGER IN WHOLEMEAL BUN WITH OVEN BAKED WEDGES	CHICKEN ROAST DINNER WITH NEW POTATOES & MINI YORKSHIRE PUDDING	SCOTCH BEEF MINCE & MASHED POTATOES	DRESSED FISH & CHIPS
VEGETABLES	BROCCOLI & SWEETCORN CRUNCHY SALAD	CARROTS & GREEN BEANS CRUNCHY SALAD	SPINACH & DICED SWEDE CRUNCHY SALAD	BROCCOLI & CAULIFLOWER FLORETS CRUNCHY SALAD	PEAS & CARROTS BAKED PEANS CRUNCHY SALAD
DESSERT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT
COMMENTS	<p>ALL SOUPS ARE HOMEMADE SERVED WITH A SELECTION OF WHOLEMEAL BREADS.</p> <p>ALL BREAD PRODUCTS ARE WHOLEMEAL</p>				

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SOUPS	LENTIL TOMATO & RICE	LENTIL VEGETABLE	LENTIL POTATO	LENTIL MINISTRONE	LENTIL
CHOICE 1	QUORN SOUTHERN FRIED BITES WITH GARLIC MAYO IN A WHOLEMEAL WRAP WITH OVEN BAKED WEDGES	WHOLEMEAL PITTA BREAD FILLED WITH CAJUN QUORN PIECES	MACARONI CHEESE WITH WHOLEMEAL CRUSTY BREAD	SPICY TOMATO PASTA WITH GARLIC BREAD	VEGGIE BURGER IN A WHOLEMEAL BUN & CHIPS
CHOICE 2	CHEESE OMELETTE WITH OVEN BAKED WEDGES	GINGER CHICKEN NOODLES	SALMON FISH CAKES WITH NEW POTATOES	CHICKEN & SWEETCORN SUPREME WITH BASMATI RICE	DRESSED FISH & CHIPS
VEGETABLES	PEAS & SWEETCORN CRUNCHY SALAD	BROCCOLI & CAULIFLOWER FLORETS CRUNCHY SALAD	GREEN BEANS & CARROT BATONS CRUNCHY SALAD	BROCCOLI & SWEETCORN CRUNCHY SALAD	PEAS & CARROTS BAKED PEANS CRUNCHY SALAD
DESSERT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT	SEASONAL FRUIT SALAD DRIED FRUIT YOGHURT
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