



REF: PHYSICAL EDUCATION INFORMATION – October 2020 update

Dear parent/carer,

I hope this finds you and your family safe and well.

The most up to date information regarding physical education in the current climate means that PE classes remain outdoors. This brings challenges for both the staff and pupils as the weather not only gets worse, but also begins to get colder. Please make sure that your child(ren) is prepared for this as we will still be offering a full curriculum of activity outdoors in all weather.

To help us do this and to keep your child(ren) safe and healthy, please see the information below:

- **Additional/Appropriate clothing** should be worn – extra layers, footwear (other than the shoes worn to school)
- Bringing a **plastic bag** will help with wet clothes/trainers
- Changes of **socks** may be appropriate
- Teachers will be making decisions on a period by period basis regarding inclement weather (e.g. stopping the lesson early to come in and get dried – we have bought in hair driers too)
- PE kit rules will be ‘softened’ until further notice:
 - i. Any t-shirt can be worn other than football tops or inappropriate language/designs – **Laundered PE kit will still be given to those who forget**
 - ii. Jumpers, jackets and waterproofs are all acceptable – please check the weather each PE day
 - iii. **A change of footwear** for PE is required, especially on wet days. Ideally, these are tied and provide support for exercise
 - iv. Participation will not be allowed in school skirts, so please ensure appropriate clothing is worn the day of PE

In addition to this, we have increased our measures in the changing rooms to keep pupils as safe as possible. Pupils will:

- get changed in an allocated slot – alphabetically
- wear masks in the changing rooms at all times until it is time to leave
- be encouraged to change as quickly as possible
- wipe down surfaces before they leave
- hand sanitise at the beginning and end of the lesson

While the situation is far from ideal, we will make the best of it and we welcome your support in preparing the young people for their PE days so that we can maximise teaching and learning with minimal disruptions.

If you have any questions about this, please don't hesitate to get in touch on 0300 300 1313.

Kind regards

Mr Giles - PT Physical Education and Health and Wellbeing