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Relationships, Sexual Health and Parenthood Education

Senior Phase

May 2020



Renfrewshire
Council

Welcome



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This session aims to provide you with information on ***Relationships, Sexual Health and Parenthood (RSHP)*** education.

RSHP education is a significant part of the wider Health and Wellbeing curriculum within Curriculum for Excellence.

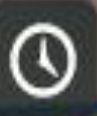
Gleniffer High School has decided to use a new national resource that has been designed to help us with the delivery of the key messages around RSHP education.

Why does RSHP matter?

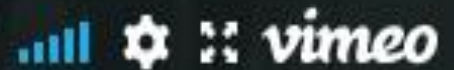


Why Does RSHP Matter?

from RSHP Video Resources



02:38



What is the resource?



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The resource was developed by a partnership of Local Authorities and Health Boards, with advice from Education Scotland and Scottish Government.

All content is age and stage appropriate for learners 3-18 years, organised by Curriculum for Excellence Levels, from Early Level through to Senior Phase.

Content is **up-to-date, engaging and meets the needs** of learners with additional support needs, including mild to moderate learning disabilities.

It can be used in **formal** and **informal** learning settings.

Why has it been developed?



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RSHP education must reflect a modern and inclusive Scotland where we value and respect the human rights of everyone.

RSHP education helps to **protect** children/young people from harm and supports them to understand that friendships and personal relationships should be healthy, happy and safe.

There is a need to improve the **quality, relevance, consistency and coverage** of RSHP education.

The resource helps teachers to source material that is age and stage appropriate, so that they can focus on building relationships with learners.



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What will I find in the resource?



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To assist the teacher with their approach to planning and delivery of any aspect of the resource, the resource includes:

- a series of **activity plans**;
- supporting **PowerPoint presentations and other resources** the lesson might need; and
- **information for parents/carers** - ideas about communicating between school and home, reading lists for school libraries and reading at home, etc.

As the resource is open and accessible to everyone, parents/carers are welcome to visit via www.rshp.scot to see what their child/children will learn.

What can parents/carers do to help?

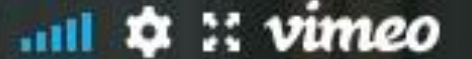
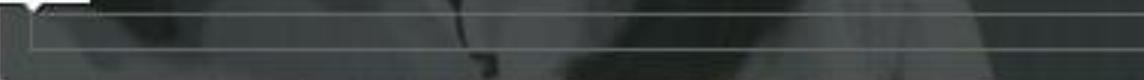


What is the role of parents and carers within RSHP?

from RSHP Video Resources



02:00



What can parents/carers do to help?



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Across this resource, and in our schools approach to RSHP education, there is an acknowledgement that parents and carers are the primary educators of their children.

In delivering RSHP education parents/carers will be given advance knowledge of topics and lessons.

By learning together at home and school we can help consolidate learning – it's a partnership approach.

Relationships, Sexual Health and Parenthood

National Resource

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What do children and young people want from their RSHP education?



What do children and young people want from RSHP?

from RSHP Video Resources



Tina Stones

Head Teacher | Dornoch Academy

01:55



RSHPE in the Senior Phase



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RSHPE in S4, S5 and S6 continues the themes and topics that start in the earlier secondary school years.

Young people will:

- continue to reflect on friendships, romantic and intimate relationships, and pressures young people can face like pornography, alcohol or drugs and how they impact on relationships.
- be encouraged to get to know their own body, and to seek advice and help if they have a worry or a problem. This includes finding out about sexual health services.
- talk about sexual activity in more detail so that they can:
 - understand what the law says
 - think carefully about the importance of consent
 - acquire the knowledge and confidence they need to make the best decisions for themselves and in the relationships they will have.



If you have further questions about the RSHP resource the FAQ section on the site may be of help:
<https://rshp.scot/faq/>