



WEEK BY WEEK PSE PROGRAMME 2019 to 2020

Themes	Week	Topic	Lesson	Skills	Additional resources	Comments
School Values & Expectations	1	Induction	Welcome to		<i>Powerpoint</i>	Issue new jotters to the class
Social Media	2	Relationships, Sexual Health & Parenthood	Social Media		<i>Powerpoint</i>	
Loving Relationships	3	Relationships, Sexual Health & Parenthood	Loving Relationships		<i>Powerpoint</i>	
Consent	4	Relationships, Sexual Health & Parenthood	Consent		<i>Powerpoint</i>	
Mental Health	5	Mental Health	Myths Surrounding Mental Health 1		<i>Powerpoint, Positive Mental Attitudes DVD (James's Story)</i>	See L. Cameron for DVD
Mental Health	6	Mental Health	Myths Surrounding Mental Health 2		<i>Powerpoint, See Me DVD</i>	See L. Cameron for DVD
Tutor period	Last Wk Sept	Tutor period	Tutor period			
Social Media	8	Relationships, Sexual Health & Parenthood	Smartphone or Stupidphone?		<i>Powerpoint</i>	



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October 2019 HOLIDAY WEEK

Alcohol	9	Substance Misuse	Alcohol		<i>Powerpoint</i>	
Tutor Period	Last wk Oct	Tutor Period	Tutor Period		Tutor Period	
Self Harm	11	Mental Health	Self Harm		<i>Powerpoint. 'On Edge' Resource</i>	See L. Cameron for DVD
Self Harm	12	Mental Health	Self Harm		<i>Powerpoint. 'On Edge' Resource</i>	See L. Cameron for DVD
LGBT	13	Relationships, Sexual Health & Parenthood	LGBT		<i>Powerpoint</i>	
Tutor Period	Last wk Nov	Tutor Period	Tutor Period		Tutor Period	
Media & Relationships	16	Relationships, Sexual Health & Parenthood	Shallow Hal		<i>Powerpoint Shallow Hal DVD</i>	see L. Harris for DVD
Media & Relationships	17	Relationships, Sexual Health & Parenthood	Shallow Hal		<i>Powerpoint Shallow Hal DVD</i>	see L. Harris for DVD
Media & Relationships	18	Relationships, Sexual Health	Shallow Hall Media &		<i>Powerpoint Shallow Hal DVD</i>	see L. Harris for DVD



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		& Parenthood	Relationships			
Christmas & New Year Holiday						
Careers	19	Planning For Choices & Changes	Who am I? Careers Education Lesson 1		Powerpoint	
Careers Education	19	Planning For Choices & Changes	Careers Education Lesson 2		Powerpoint	
Tutor Period	Last week in Jan	Tutor Period	Tutor Period		Tutor Period	
Careers Education	21	Planning For Choices & Changes	Careers Education Lesson 4		Powerpoint	
Child Sexual Exploitation	22	Relationships, Sexual Health & Parenthood	Child Sexual Exploitation Lesson 1		Powerpoint	
	23	Relationships, Sexual Health & Parenthood	Child Sexual Exploitation Lesson 2		Powerpoint	
Tutor Period	Last week in Feb	Tutor Period	Tutor Period		Tutor Period	



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	25	Relationships, Sexual Health & Parenthood	Child Sexual Exploitation Lesson 3		Powerpoint	
	26	Relationships, Sexual Health & Parenthood	Child Sexual Exploitation Lesson 4		Powerpoint	
	27	Relationships, Sexual Health & Parenthood	Child Sexual Exploitation		Powerpoint	
Tutor Period	Last week in March	Tutor Period	Tutor Period		Tutor Period	
SPRING HOLIDAY FROM 30th March - 16th April 2019 (inclusive)						
Smoking	23	Substance Misuse	Smoking Lesson 1		Powerpoint	
Road Safety	30	Personal Safety	Road Safety Lesson 1	Donnie's story		
Getting Pregnant	31	Relationships, Sexual Health & Parenthood	Getting Pregnant		<i>Powerpoint</i>	
Pornography	32	Relationships, Sexual Health & Parenthood	Pornography		<i>Powerpoint</i>	



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	33	Mental Health	Eating Disorders		<i>Powerpoint</i>	
	34	Mental Health	Losing It and Winning the Mind Game		<i>Channel 4 Mental Health DVD</i>	
Tutor Period	Last week in May	Tutor Period	Tutor Period		Tutor Period	