



S3 WEEK BY WEEK PSE PROGRAMME 2019 to 2020

Themes	Week Beginning	Topic	Lesson	Skills	Additional resources	Comments
School Values & Expectations		Induction	Welcome to S3		Powerpoint Issue jotters	
Sexual Health and Relationships		Internet Safety	First to a Million			
Substance Misuse		Alcohol	Sophie's story		Choices for life TV - youtube	
Substance Misuse						
Planning for Choices and Change		Study Skills	Lesson 1 - success criteria and peer assessment		Coloured pens	
Planning for Choices and Change		Study Skills	Lesson 2 - the learning environment			
Planning for Choices and Change		Study Skills	Lesson 3 -memory techniques			
Planning for Choices and Change		Study Skills	Lesson 4 -memory techniques			
Planning for Choices and Change		Study Skills	Lesson 5 -mind mapping			



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Christmas & New Year Holiday						
Mental Health	19	Self-harm	On Edge (3)	Deans Story		
Mental Health	20	Self-harm	On Edge (4)	Support	Flashcards self-harm support	
Planning for Choices and Changes	24	Course Options Prep				
Planning for Choices and Changes	25	Exhibition preparation			Planning for Choices and Changes Day 18 th February	
Sexual Health and Relationships		Technology				
Sexual Health and Relationships	26	Where do I stand?	Relationships Lesson 1		Powerpoint lessons, Teacher Resource Folder	



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Sexual Health and Relationships	27	Changing Relationships	Relationships Lesson 2		Powerpoint lessons, Teacher Resource Folder	
Sexual Health and Relationships	28	Being Responsible	Relationships Lesson 3		Powerpoint lessons, Teacher Resource Folder	
Sexual Health and Relationships	29	STIs	Relationships Lesson 4		Powerpoint lessons, Teacher Resource Folder	
Sexual Health and Relationships	30	Legal Issues	Relationships Lesson 5		Powerpoint lessons, Teacher Resource Folder	
EASTER HOLIDAY						
Sexual Health and Relationships	31	Contraception				
Substance Misuse	32					
Substance Misues	33					
Profiling	34		Achievements		My Skills, My Profile	
Profiling	35		Achievements		My Skills, My Profile	
Profiling	36		Achievements		My Skills, My Profile	



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YPI	4	Launch Event	Alistair from YPI will launch P1		P2 - Values lesson P6 - Charity Fair	
Social Wellbeing	5	YPI	Our Passionate Community - Shortlist and selecting a charity Team Values Statement	Send e-mail to selected charity/call charity informing that you would like to work with them	ICT, pupil phones Worksheets from Charity Fair Charity Database OSCR	This lesson concludes the Launch lesson.
Social Wellbeing	6	YPI	Understanding Charities	What work does your selected charity do?	Worksheet ICT, pupil phones Worksheets from Charity Fair	
Social Wellbeing	7	YPI	Active Research	Interview questions for visit	Access to phones Appendix L, M, O, P	
Social Wellbeing	8	YPI	Active Research and starting to prepare presentation			
Social Wellbeing	9	YPI	Active Research	Presentation preparation and passion	Resources guide 35-39	
HOLIDAY WEEK - Pupils to						



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visit their chosen charity						
Social Wellbeing	10	YPI	YPI Presentations Rough Draft		Resources guide 40-42	
Social Wellbeing	11	YPI	YPI Presentations Pulling it all together		Resources guide 40-42	
Social Wellbeing	12	YPI	YPI Presentations		Resources guide 40-42	
Sexual Health and Relationships		Anti-Bullying Week				
Social Wellbeing		YPI	Class Finals			* Print pupil achievement certificates
Social Wellbeing		YPI	YPI Rehearsals and Year Finals		Social Area - Monday rehearsal Tuesday Final	
Social Wellbeing		Profiles	YPI achievements, skills developed	Personal reflection	S3 Profile Booklets	
Profiling			Learner Statement		S3 Profile Booklets	



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