



## S5 WEEK BY WEEK PSE PROGRAMME 2019 to 2020

Themes	Week Number	Topic	Lesson	Skills	Additional resources	Comments
	1		Welcome to S5		Powerpoint	
	2	2 Planning for Success	Target setting	Problem solving, communication	Powerpoint Paper for election to class rep. Variety of leaflets	
	3	Relationships 1	Relationships and Communication	Problem solving, communication, Group discussion	Teacher guide (PDF) And the Saying goes Prop (group discussion) Presentation Video (3mins)	
	4	Relationships 2	Going out + Keeping safe		Teacher guide (PDF) Going out and Keeping safe presentation Safe Night out Discussion Q's Safe Night out possible Answers Video (3mins) Check in on yourself Questions	The props can be displayed on whiteboard or can be printed (let me know if you prefer this)
	5	Relationships 3	Sexual Relationships			
	6	Relationships 4	Contraception			



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	7	Relationships 5	Abortion			
	8	Relationships 6	Being a Parent			
	9	Relationships 7	Prostitution			
	10	Relationships 8	Pornography 1			
	11	Relationships 9	Pornography 2			
	12	Mental Health	Lesson 1 Language and Stigma	Communication Understanding	Powerpoint Youtube links Possible use of flip chart paper	Sensitive discussions - be aware Might take 2 periods
	13	Mental Health	Lesson 2 Put yourself in my shoes	Communication, Group work	Powerpoint Youtube links Case studies for discussion	
	14	Mental Health	Lesson 3 Recovery		Powerpoint Various links	



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