

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Tomato Soup		Homemade Seasonal Vegetable Soup		
Option 1	Salmon Fish Fingers with Oven Baked Wedges	Tortilla Burrito Bake	Pork Sausage Casserole with New Potatoes	Piri Piri Chicken and Rice in a Warm Pitta Bread	Dressed Fish and Chips
Option 2	Macaroni Cheese with Garlic Bread	Quorn Cottage Pie	Broccoli Flan with New Potatoes	Vegetable Curry with Rice	Veggie Burger in a Seeded Bun and Chips
Vegetables	Peas and Sweetcorn	Carrots and Broccoli Florets	Green Beans and Cauliflower Florets	Seasonal Mixed Vegetables	Peas and Baked Beans
Deli Bar	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings
Grab & Go	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's Pizza and Pasta with Salad or Vegetables	Panini's Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables
Jacket Potato Bar	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling
Desserts	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt
Extras	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection

WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Lentil Soup		Homemade Potato and Leek Soup	Homemade Tomato Soup	
Option 1	Beef Burger in a Bun with Oven baked Wedges	Chicken Casserole with New Potatoes	Pasta Bolognaise	Chicken and Vegetable Stir Fry with Noodles	Dressed Fish and Chips
Option 2	Plain Omelette with Oven Baked Seasoned Wedges	Quorn Sausages in Gravy with New Potatoes	Broccoli and Cauliflower Crunch	Vegetable Lasagne	BBQ Quorn Wraps with Rice
Vegetables	Sweetcorn and Peas	Seasonal Cabbage and Broccoli Florets	Green Beans and Carrots	Cauliflower and Broccoli Florets	Peas and Sweetcorn
Deli Bar	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings
Grab and Go	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables
Jacket Potato Bar	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling
Desserts	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt
Extras	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection

WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Minestrone Soup		Homemade Potato Soup		
Option 1	Scottish Beef Mince with Baby Jacket Potatoes	Chicken Enchiladas	Sausage Mash and Gravy	Scottish Beef Lasagne	Dressed Fish Fingers and Chips
Option 2	Quorn Sausage Toad in the Hole	Sweet and Sour Oriental Vegetable Stir Fry with Egg Noodles	Quorn Bolognaise on Wholemeal Pasta	Cheese Quesadilla with Crunchy Coleslaw	Vegetable Carbonara with Garlic Bread
Vegetables	Carrot and Swede Mix	Mixed Bean Salad and Broccoli Florets	Carrots and Green Beans	Seasonal Mixed Vegetables	Peas and Broccoli Florets
Deli Bar	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings
Grab and Go	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables
Jacket Potato Bar	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling
Desserts	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt
Extras	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection

WEEK FOUR	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Mushroom Soup		Homemade Lentil and Sweet Potato Soup	Homemade Potato Soup	
Option 1	Fish Cakes with New Potatoes	Chicken Balti with Rice	Steak Pie with Mashed Potato	Meatballs in Tomato Sauce on a Bed of Spaghetti	Dressed Fish and Chips
Option 2	Macaroni Cheese	Roasted Vegetable Bake	Veggie Chilli and Rice	Quorn Fajitas with Rice	Quorn Hot Dog and Chips
Vegetables	Carrots and Broccoli Florets	Peas and Sweetcorn	Swede and Green Beans	Cauliflower Florets and Carrot Batons	Peas and Baked Beans
Deli Bar	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings	Bread, Baguettes and Wraps with a choice of Fillings
Grab and Go	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables	Panini's, Pizza and Pasta with Salad or Vegetables
Jacket Potato Bar	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling
Desserts	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt	Assorted Home Baking, Fruit Yoghurt
Extras	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection	Fresh and Dried Fruit Selection

Drinks Available Daily: Water, Milk, Flavoured Milk and School Compliant Juices